

Clearly Kosciusko Podcast Series

A PODCAST THAT CELEBRATES WHAT IS UNIQUE, WHAT IS SPECIAL, WHAT IS...CLEARLY KOSCIUSKO

Powered and produced by KEDCO with co-host J.C. Innovations LLC

Episode 40: Mike Cusick & Greg Demopoulos – Kosciusko County Velo & all things biking

- [1:30] Meet Mike Cusick and Greg Demopoulos, [Kosciusko County Velo \(KCV\)](#) Cycling Club President and Vice President & Co-Founder
- [2:23] The start of KCV
- [7:55] Where KCV is today
- [12:00] Who KCV works with
- [16:45] KCV involvement throughout Kosciusko County
- [20:40] Expanding trails outside the county
- [29:10] Coming to the community – why Kosciusko County?
- [26:12] Favorite local spots to eat
- [31:00] Kosciusko County bike ways
- [34:45] What Clearly Kosciusko means to Mike and Greg
- [28:48] Fat & Skinny Tire Fest event 2022
- [38:20] Fundraising for new bike park and event center

Are you new to the community or considering moving to the Kosciusko County area? KEDCO is here to welcome you! Click [here](#) to learn about KEDCO's [Talent Initiative](#). Want the scoop on events and happenings? Subscribe to our [newsletter](#) and connect with us on social media: [Facebook](#), [LinkedIn](#) and [Instagram](#).

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Episode 41: Rich Haddad – Impacting the health & wellness of Kosciusko County

- [2:00] Meet Rich Haddad, president & CEO of [K21 Health Foundation](#)
- [2:30] What is K21 Health Foundation?
- [8:30] How does K21 funding work?
- [10:25] How the current economy is impacting K21
- [14:15] An impact for a healthier community
- [20:50] A glimpse of what's ahead for K21
- [24:00] Rewards and challenges
- [28:40] Rich and his family
- [36:45] Selling points of K-County – firsthand from Rich
- [39:30] What “Clearly Kosciusko” means to Rich

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Episode 42: Nathan Callithen – From Pennsylvania to Indiana, and finding a new home in the Orthopedic Capital of the World®

- [1:20] Meet Nathan Callithen, a development engineer at [Zimmer Biomet](#)
- [2:30] How Nathan landed in Kosciusko County
- [5:00] Getting plugged into the community
- [6:35] Best spots to grab food in K-County
- [7:30] Finding your way as a young professional
- [10:40] Stellar local amenities and opportunities
- [20:45] Go-to things to do
- [23:00] Nathan's candid pitch to young professionals
- [25:45] Working for a global-leading company
- [30:55] What Clearly Kosciusko means to Nathan
- [32:15] Join the Young Professional network!

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Episode 43: Jack Patton – How a local entrepreneur is helping companies build a healthy & productive workplace

- [1:25] Meet Jack Patton, CEO and founder of [STRE.ME](#)
- [2:00] What is STRE.ME?
- [11:35] How STRE.ME is helping companies build conscious and inclusive teams
- [15:45] What does progress look like?
- [19:40] STRE.ME training programs
- [24:00] 5 generations of family on [Webster Lake](#)
- [26:00] History of the lake and riding [The Dixie](#)
- [28:00] New spot on Barbee chain of lakes [Lakelife Bar & Grill](#)
- [29:30] Life from Jack's view
- [31:40] Clearly Kosciusko – A “happy place”
- [33:20] Connect with STRE.ME

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